

BOSTON CITY HOSPITAL

Student Dietitian Course

- I. Entrance Requirements.
  - A. Age - 21 years.
  - B. Education - B.S. degree with a major in foods and nutrition.  
A transcript of college credits and a recommendation from head of home economics department.
- II. General Organization.
  - A. Length of Course - 8 months.
  - B. Required hours for students - 48 hours weekly under supervision of dietetic staff.
  - C. Compensation - meals and laundry, care when ill -(students live outside of hospital)
- III. Contents of Course -
  - A. Administrative work (Boston City Hospital - 2 mos.  
(100 bed affiliated Hospital 2 mos.)
    1. Practice work and observation in all divisions of dietary departments.
    2. Planning and adapting of at least two weeks menus for both hospitals.
    3. Computation of cost of raw food per capita per day for hospitals (for same period for which students planned Menus).
    4. Conferences in regard to organization of department, marketing procedures, store room management, and selection, operation and control of equipment.
    5. Supervision of food service on floors (wards and private rooms) and dining rooms.
    6. Purchasing (100 bed hospital).
    7. Field Trips.
  - B. Diet Therapy (4 months).
    1. Planning, calculating, preparing, distributing, and serving of therapeutic diets.
    2. Interpreting charts and laboratory records.
    3. Interviewing and instructing patients on corrective diets.
    4. Pediatric Kitchen (2 weeks)
      - a. Infant feeding.
    5. Out Patient Food Clinic (4 weeks)  
Boston Dispensary Food Clinic.
    6. Metabolism Ward -Case Studies (2 weeks)
    7. Teaching Student Nurses -
      - a. Plan teaching outlines.
      - b. Attend lectures and assist in laboratory work.
    8. Reference Reading - Reports.
    9. Weekly seminar or lecture.
- IV. Uniforms.
  - a. 5 one-piece white uniforms.
    1. All laundry to be plainly marked.
  - b. White shoes with low or medium rubber heels.
- V. Rules and Regulations.

Student Dietitian is under supervision of Chief Dietitian and her staff. She must cooperate with all other departments of Hospital. A strict observance of all hospital rules is required. The Superintendent of Hospital can